

# If you would like this service:

① Westward Support  
**01395 223106**  
wsadmin@westwardhousing.org.uk





② Please leave brief details and the Community Support Coordinator will contact you within 5 working days

③ This service may be covered by Social Care Funding

④ The cost of this service will depend on your individual requirements and will be in the region of £17.57 per hour.

⑤ We will set up an agreement with you which tells you how often we will see you and for how long. This will be reviewed regularly with you

Member of **advice** UK

If you, or someone you know would like this leaflet on CD , in large print , in Braille , or translated into another language , please contact our Communications team on 0300 303 8530 or e-mail: [info@westwardhousing.org.uk](mailto:info@westwardhousing.org.uk)

Westward Housing Group Ltd (an exempt charity - Community Benefit Society no. 7350) with Horizon Homes and Help to Buy South West. Westward Housing Group Ltd, Templar House, Collett Way, Newton Abbot TQ12 4PH (registered office); and Tarka House, Clovelly Road Industrial Estate, Bideford EX39 3HN.

 **Westward**

## Community-based Support Information

This service supports people in Devon to move forward in their lives

Tel: **01395 223106**

[wsadmin@westwardhousing.org.uk](mailto:wsadmin@westwardhousing.org.uk)

Text: **07990 536536** giving your name, contact details and brief details  
|| Norton Place, Salterton Road, Exmouth EX8 2ND

# What we offer:

## We can work with you on the following:

- Identifying and supporting you to keep safe and live well through meaningful activities
- Organising financial affairs
- Activities of daily living, including prompting to take medication
- Home management skills and changes within your environment
- Finding work, training or voluntary work
- Making friends and joining local groups and activities
- Building your self-confidence so you can do it for yourself!
- Holistically working alongside people to empower yourself.

## 5 Ways to Wellbeing:

- **Connect**
- **Be active**
- **Take notice**
- **Keep learning**
- **Give**

## Support is:

- Designed to meet your needs and keep you in control.
- Provided and reviewed regularly so that we can keep assessing your needs.
- Provided by well-trained, experienced support staff who can meet you in your home or in a place of your choosing.

It's about working together to grow and develop your whole being.

We work with anyone who needs support: whether for learning disabled, mental health and age-related support or a transition from hospital to home.



To find out more about our services visit our website:  
[www.westwardhousing.org.uk/support](http://www.westwardhousing.org.uk/support)

